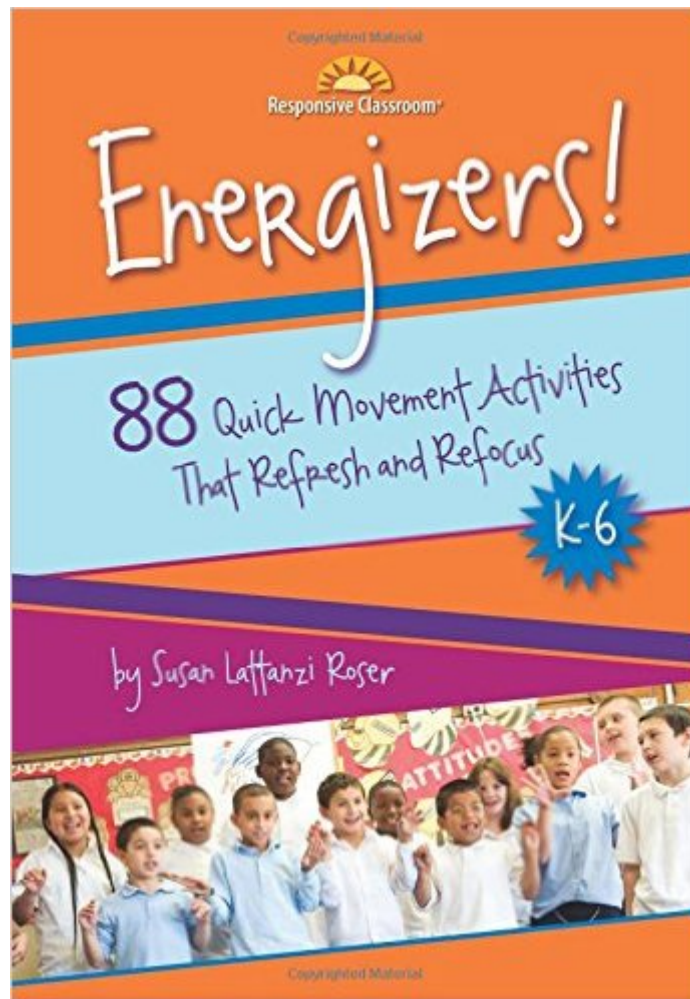


The book was found

# Energizers! 88 Quick Movement Activities That Refresh And Refocus, K-6



## Synopsis

To learn well, children need to move! A few minutes of playful moving, laughing, chanting, or singing promote more "and more productive" learning. The energizers in this book are easy to teach and learn. You can use them: Anywhere: Inside or outside the classroom, with children circled up, at their desks or tables, or waiting in line energizers work everywhere! Anytime: Between long instructional blocks, as Morning Meeting activities, when children need to calm down, and when they need to perk up energizers work throughout the school day! With any grade level, K-6: For quick selection, the energizers in this book are labeled by grade level but we've included variations and suggestions to help you adapt them to fit your group. Please note: we have published 7 Kindle books of energizers, grades K-6. Each one contains 12 energizers. Available in the Kindle store for \$3.98 each.

## Book Information

Spiral-bound: 160 pages

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Average Customer Review: 4.4 out of 5 stars See all reviews (31 customer reviews)

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## Customer Reviews

The activities in this book are great for elementary teachers to use as movement breaks or for during Morning Meeting (Responsive Classroom). Pros: -Lots of activities to choose from -The activities work as explained - they help energize/refresh students -Most are very quick to do, so they won't take up too much instructional time Cons: -Activities vary in length and difficulty, so many may not apply to certain grades or may take too long -If you own several other Responsive Classroom books, you may already know/have many of these activities - There may not be much new here for you. Overall: -Buy it without a doubt if you don't already own any other Responsive Classroom books.

If you own other activity/greetings books, you may be disappointed that this won't offer you too much that is new.

Purchased this book, returned it immediately after reading it. It's for little kids only and the activities in there are things you could make up on your own, not very creative or useful, and are twists on things that parents and/or teachers probably already know. A MUCH better alternative for a much wider range of ages is "Energize!" by Carol Apacki. (Can you tell I ordered the wrong title? :) )

I have the Morning Meeting book, The First Six Weeks of School and other morning meeting activity books. I thought I needed this book for new ideas, however many of the 88 are in the other books. I was hoping they would be new. I do like that it is spiral bound - very easy to use.

I purchased this book to use in my classroom. I teach fourth and fifth grade. I use this book to throw some movement into our day so they can then get back to "business." The only thing I wished it did a better job of was to explain or illustrate some of the movements/activities. I have a hard time picturing some of them so I haven't tried them. Someone in my school must have loved the book too because it disappeared off my bookshelf!

I love this book! My students love the energizers in the book. It is also a plus that some of these are on youtube with the author performing the energizers. These are absolutely great for brain breaks with my kindergarten classrooms. My kids love the songs and it gets our class energy going greatly! Great resource to use with a responsive classroom model, I use these in my kindergarten classroom. However, the book is great for multiple age groups.

I am student teaching for Kindergarten. I've used this book many times for transitions and morning meetings. The children respond to these great energizers positively and it helps the children who really need to add some activity between lessons.

It has a bunch of great ideas. There are a lot high energy singing routines that do not always work for me. If you like to get your kids singing, then this a five star item for you.

My students LOVE doing these activities. The "Energizers" get students moving and build in phonemic awareness at the same time. I have recommended this book to many teachers. It is well

worth the low price as it is FULL of great activities!!

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